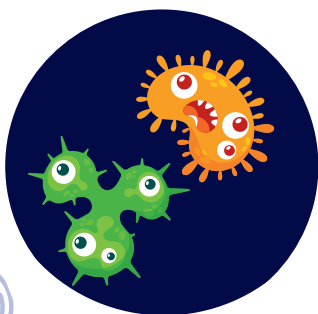




HAND WASHING ADVENTURES WITH

NAME:



Scan to learn more
about hand hygiene



NEPHU

NORTH EASTERN
PUBLIC HEALTH UNIT

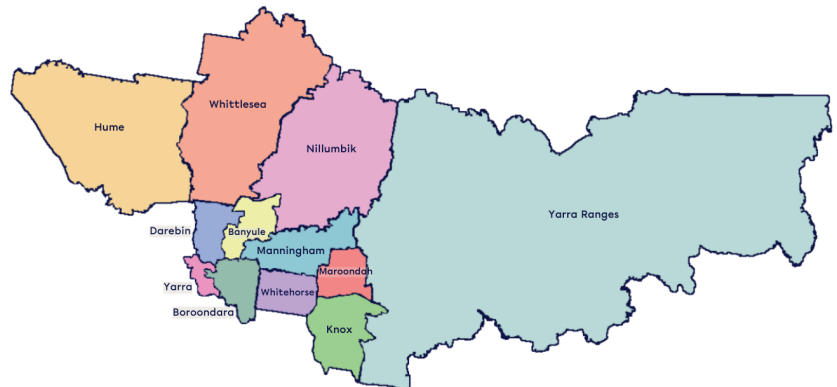
About NEPHU

The North Eastern Public Health Unit (NEPHU) is one of nine Local Public Health Units (LPHUs) across metropolitan and regional Victoria. NEPHU is funded by the Victorian Government and works closely with the Victorian Department of Health.

The purpose of NEPHU is to work collaboratively to improve the health and wellbeing of the population of north east metropolitan Melbourne through evidence-informed approaches, reflecting the diverse needs across the region it serves.

Our community

NEPHU serves the northern and north-eastern metropolitan region of Melbourne, from the inner northern and eastern suburbs, extending north to include the Hume and Whittlesea local government areas, and north-east to include Nillumbik and the Yarra Ranges.



Serving a population of over 1.8 million people, across 12 local government areas and 118 postcodes, the NEPHU catchment is one of the most culturally and linguistically diverse regions in Australia.

The team at NEPHU

The NEPHU team is made up of public health and infectious diseases doctors, population health and prevention officers, environmental health officers, infection prevention and control nurses, epidemiologists, and communication and engagement specialists. NEPHU's Operations branch also includes education and training officers, business services, contracts and project advisors, and information technology services.

Working with our communities

Hosted by Austin Health, NEPHU works with communities to improve the health and wellbeing of Melbourne's north-eastern population through health promotion and protection activities. NEPHU's Strategic Objectives are to:

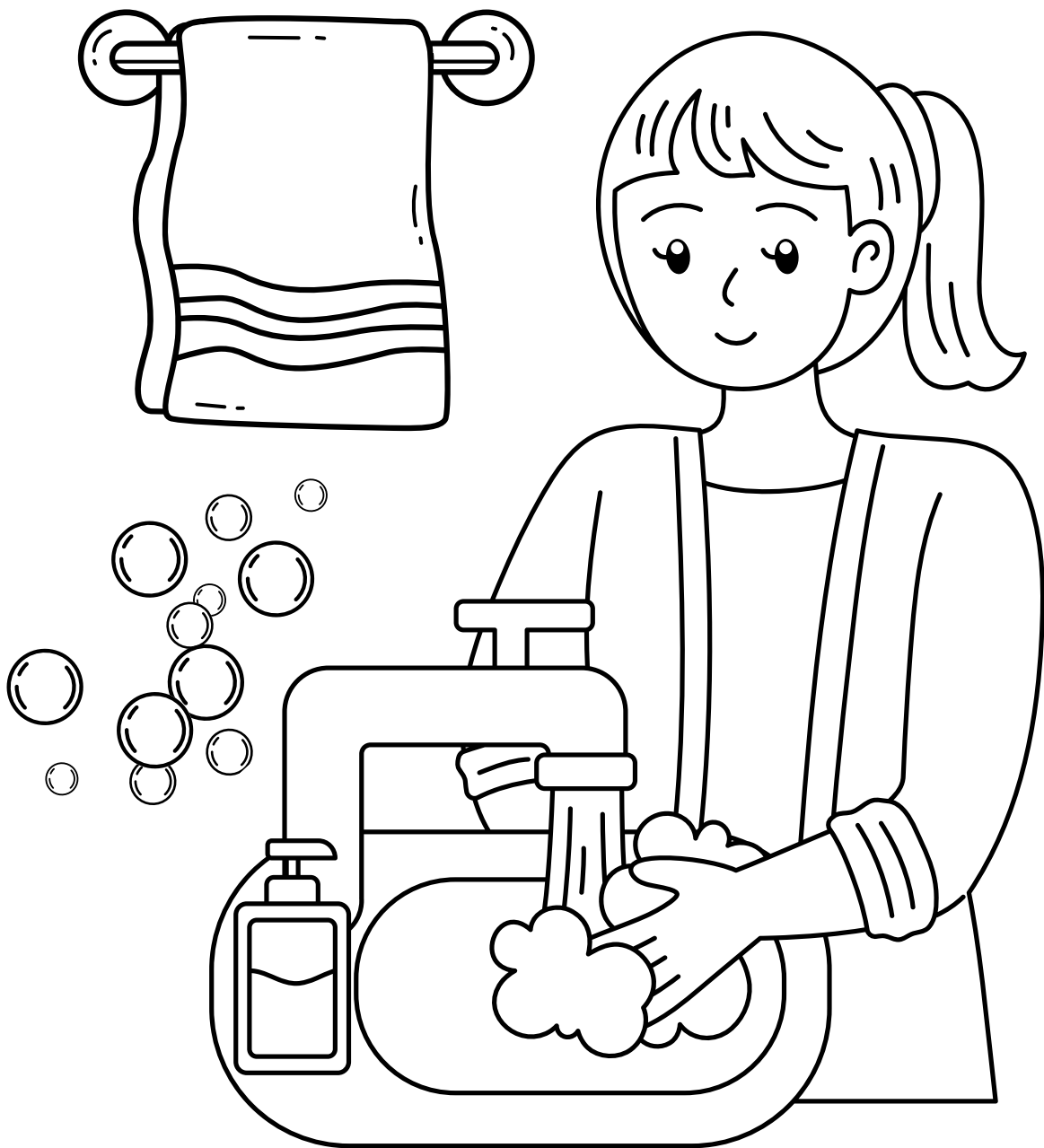
- Promote health and minimise disease, illness, and injury
- Understand and communicate population health needs
- Foster an informed, engaged and empowered community
- Identify and address systemic barriers
- Foster collaboration and agility across the public health system to enhance impact and outcomes

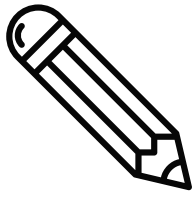


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Emma is washing her
hands in the bathroom.

LET'S ADD SOME COLOURS FOR HER



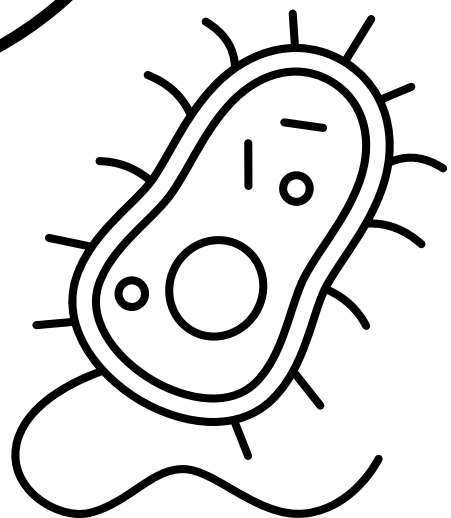
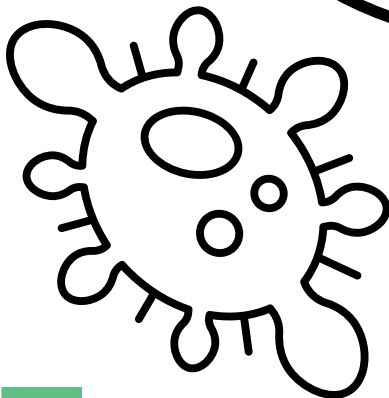
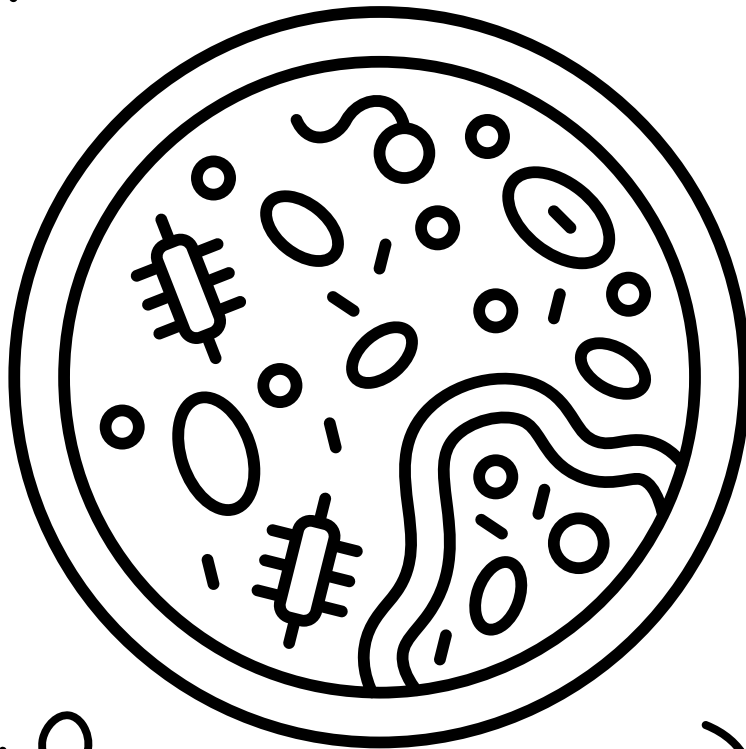
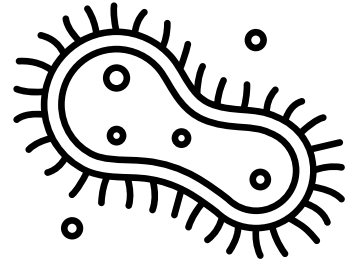
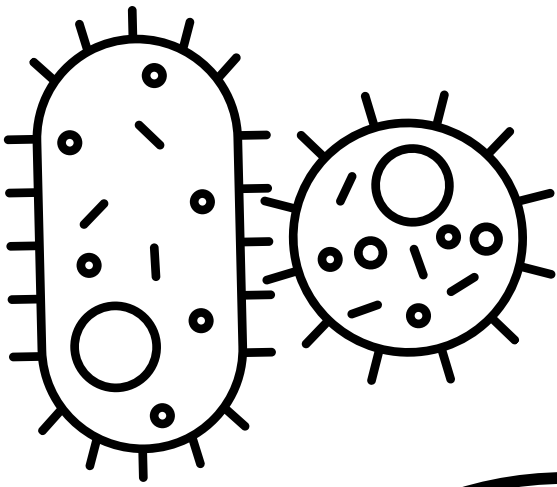


TRACE YOUR HAND AND DECORATE IT WITH PATTERNS.

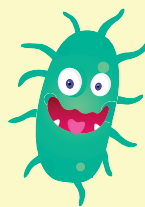
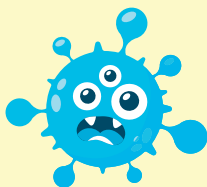
**Don't forget to add some soapy
bubbles to the picture!**

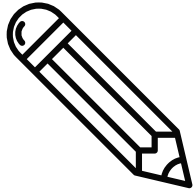


COVER THE GERMS IN COLOURS



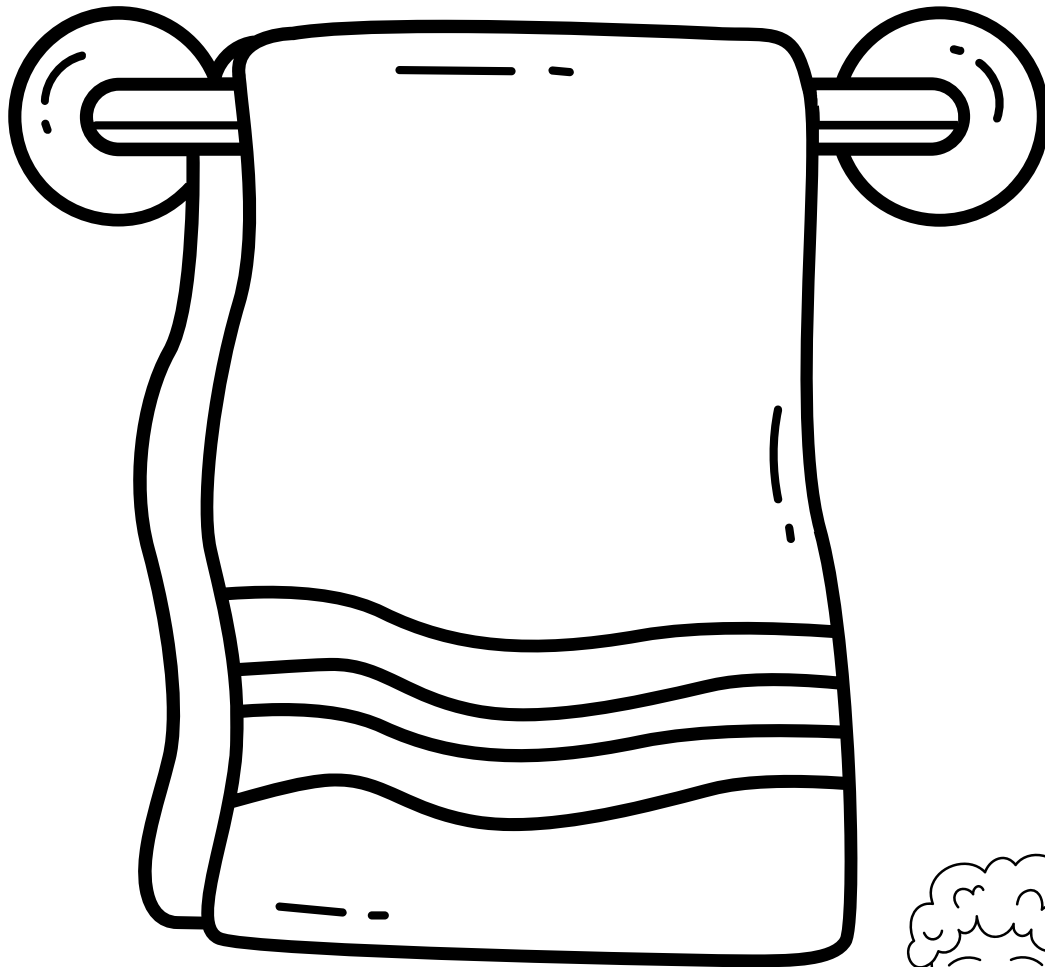
CAN YOU FIND THESE GERMS HIDING IN THE CITY?





JACK IS WASHING HIS HANDS.

Can you decorate his towel?



SPOT THE DIFFERENCE

Can you find 5 things that are different?



CONGRATULATIONS!

You have finished your handwashing adventures!

You can show people your very special Hand Washing Licence.



The certificate is a yellow rectangular card with a dashed border. It features the NEPHU logo (a stylized 'E' made of four colored squares: black, green, red, and blue) and the text 'NEPHU NORTH EASTERN PUBLIC HEALTH UNIT' on the left. On the right, it says 'HAND WASHING ADVENTURES' in bold, blue, outlined letters. In the center, it reads 'This Hand Washing Licence is awarded to:' followed by a large white rectangular box with the word 'NAME' in small letters above it. Below the box, it says 'for completing their NEPHU Hand Washing Adventures activities.' At the bottom, there are six circular icons: a green germ, a green soap bottle, two hands being washed, two hands with water droplets, a green cloth being wiped, and two hands with stars.

NEPHU
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PUBLIC HEALTH UNIT

**HAND WASHING
ADVENTURES**

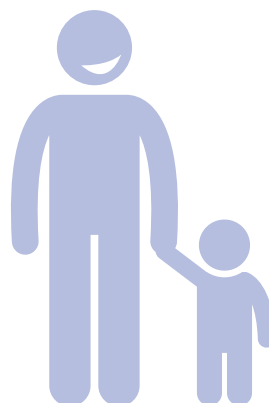
This Hand Washing Licence
is awarded to:

NAME

for completing their
NEPHU Hand Washing Adventures activities.



Ask a
grown up
for help.





NEPHU

**NORTH EASTERN
PUBLIC HEALTH UNIT**

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about hand hygiene**